

Ministry of Health, Welfare and Sport

Long-term care in the Netherlands
Implications for the work-life balance?

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### **Main questions**

- 1. Does a large formal long-term care system lead to lower need for informal care?
- 2. How to best integrate and support informal care givers in a large public system?
- 3. What are the implications for the work-life balance of people?



### Reforms of 2015: three pillars

- 1. More aging at home. Less people in institutions
- 2. Care at home by health insurers and municipalities
- 3. Normative reorientation? More individual and social responsibility!





# Q1. Comparison of informal care and size of ltc system

	Inf. care workers	Hours of inf. care	Public Itc % of gdp
Netherlands	14%	9h	4,3%
Slovak Rep.	13%	19h	0,2%
France	20%	6h	1,3%
EU average	15%	12h	1,3%

Sources: Verbakel et al and OECD health data 2015



## Q.2 How to integrate and support informal care?

- Professionals and informal care givers working together and supplementing each other
- Government programmes to support informal care
- Pay attention to role of employers

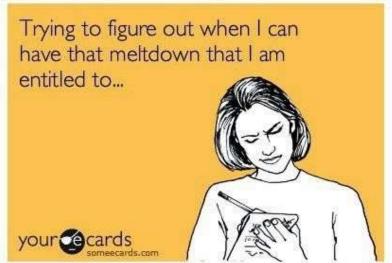


### Q3. Implications for work-life balance?

- Many part-time jobs and other arrangements will help finding the balance
- Special attention for role of women needed.

Still many informal care workers will face a

burden and need support





#### **Conclusions**

- Spending resources on long-term care is not just a cost
- 2. The formal and informal sector should work together
- 3. Always take into account the burden for informal care givers and their work-life balance
- 4. More insight is needed



### Thank you for your attention

Any questions? fn.lafeber@minvws.nl